# SCRERNIEXT CHAPTER

### **UNCOVERING SKILLS FOR STRESS RESILIENCE**

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

screenagersmovie.com

## Hicksville Public Schools and the Hicksville PTA presents this informative movie event for our parents and students.

### Ways to view the movie:

1. Two Week Viewing Window

October 14th - November 1st

2. LIVE Viewing Event with Q&A session

October 26th

LIVE Movie Start Time: 7pm

Dr. Delaney's Q&A Session Time: 8pm

#### Registration & Viewing Link: LIVE Screenagers Movie Event

Once you register for a ticket you will be emailed a link from *Fireworks By EventCombo* to access the movie starting 10/14 and ending 11/1. You will be allowed 2 viewings with your registration. For those families that have watched the movie in advance, please use the same link to join us for Dr. Delaney's Q&A session at 8:00 pm.

To ask questions in advance for the Q&A session, please go to <a href="https://forms.gle/PTZHsCrFALcGC7HNA">https://forms.gle/PTZHsCrFALcGC7HNA</a>

For Spanish viewing with subtitles, click on the CC (closed captioning) button when viewing.